

Off to Nationals!

Congratulations to all of the kids for making it to Nationals. We know that for many of you it is your first time attending. To help you with what to expect from a team aspect, here is a breakdown, day-by-day.

## Friday

### Hotels

If you have not yet made a reservation for your hotel please do not wait. There are still rooms available at the following hotels:

- SpringHill Suites by Marriott Louisville Hurstbourne/North
- Hampton Inn Louisville East/Hurstbourne
- Homewood Suites by Hilton Louisville-East
- Drury Inn & Suites Louisville East

### Course Walks

Coach Keith, Heather Wagenknecht, Andy Chen and Sarah Nosek will be available for course walks from **12pm - 4pm** on Friday. More information will be shared before next Friday.

### Registration/Bib Pick Up

You can pick up your child(ren)'s bib in the lobby of:

[TownePlace Suites by Marriott Louisville Northeast](#)  
[10110 Champion Farms Dr, Louisville, KY 40241](#)

We will be in the lobby to meet you beginning at **3:00pm** EST.

### ★Dinner★ **RSVP BY SUNDAY NOV. 11th**

While we would love for everyone to have dinner together we have been unable to find a location that can accommodate everyone at once. For anyone who is interested we will be organizing a pasta dinner. We will be utilizing the lobby at:

[TownePlace Suites by Marriott Louisville Northeast](#)  
[10110 Champion Farms Dr, Louisville, KY 40241](#)

Please fill out this [form](#) so we can plan for a rolling team meal on Friday night.

On Friday night, Coach Keith would like the kids to try to get to bed on the early side. He asks that you refrain from allowing your runners to use the pool at your hotel to insure they are ready for their race the next day.

### Saturday Race

Please be sure to label **ALL** of your children's water bottles & clothing.

### Saturday Night

The race is done, you've had your dinner (families are on their own). Now let's gather **after 7:00pm** for some family fun, snacks, drinks, and swimming!

[Embassy Suites by Hilton Louisville East](#)  
[9940 Corporate Campus Dr, Louisville, KY 40223](#)