



## 2024 Belvidere Tornos Invitational Cross Country Meet

**Sponsored by:** The Belvidere Tornos Youth XC Team

**Race Location:** Belvidere Park (by the Cottonwood Shelter), the entrance to the park is off of Locust Street

**Time:** Youth races begin at 10AM. **Course walk is at 9:15AM.** Open/Masters race will start at 8:30AM.

**Contact:** Rick Menge 815-985-8208

**Email:** BelvidereTornosXC@gmail.com

### EVENTS

Age Divisions	Birth Year	Distance	Time (Approx)
Open/Masters	15 years and Older	3000 Meters	8:30AM
Primary Girls	2016-2018	2000 Meters	10:00AM
Primary Boys	2016-2018	2000 Meters	10:20AM
Bantam Girls	2015-2014	3000 Meters	10:40AM
Bantam Boys	2015-2014	3000 Meters	11:05AM
Midget Girls	2013-2012	3000 Meters	11:30AM
Midget Boys	2013-2012	3000 Meters	11:55AM
Youth Girls*	2011-2010	4000 Meters	12:20PM
Youth Boys*	2011-2010	4000 Meters	12:45PM

\*Youth races may run together depending on number of entries

Times are approximate. Races will be run as quickly as possible. Arrive early.

### AWARDS

Individuals – Primary/Bantam/Midget 1<sup>st</sup> thru 30<sup>th</sup> Medals. Youth 1<sup>st</sup> thru 20<sup>th</sup> Medals.

Participation Ribbons to all other runners.

1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> overall team trophies.

**COURSE:** Grass, mostly flat, some hills, some blacktop crossing. Spikes 1/4inch – 5/8 inch

**FACILITIES:** Restrooms, no dressing facilities. Concessions will be open.

**ENTRY FEE: \$7**

**ROSTER DUE:** Complete Electronic Rosters are due by Friday, September 29<sup>th</sup> for clubs/teams.

**Email COMPLETE rosters back to: BelvidereTornosXC@gmail.com**



DETACH below and return to team with



payment

### 2024 Belvidere Tornos Cross Country Invitational Individual Entry Form

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_ Sex (Circle One): Male or Female

Birthdate: \_\_\_\_ / \_\_\_\_ / \_\_\_\_ Age Division of Race Entered (see above): \_\_\_\_\_

Club/School Affiliation: \_\_\_\_\_ **ACCELERATORS** \_\_\_\_\_

Address: \_\_\_\_\_ City \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

In consideration of acceptance of my entry, I hereby for myself, my heirs, executors, and my administrators waive, release and forever discharge any and all claims for damages or illness which I may have or occurred to me against the Belvidere Tornos and Belvidere Park District, all cooperating agencies, their representatives, agents and or assignees for any and all damages which may be sustained by me in travel to, participation in and returning from the 2024 Belvidere Tornos XC Invitationals Meet.

\_\_\_\_\_  
Signature of Parent/Guardian or Adult Participant

\_\_\_\_\_  
Date